

COACH'S TOOLKIT: CREATING ANTI-RACIST, ANTI-SEXIST AND INCLUSIVE TEAM CULTURE

01.

Address behaviour immediately & calmly

Do not ignore the behaviour. Stop play if needed and name the issue clearly and neutrally: "That comment is not ok here."

02.

Keep players safe

Check in with the affected player first. Let them know they are supported and that the team environment is meant to be safe and respectful.

03.

Separate the behaviour from the child

Focus on what was said or done, not on labelling the player: Instead of saying, "You are being racist/sexist," you can say, "We don't use words that put others down."

04.

Use age-appropriate teaching moments

Briefly explain expectations in simple terms: "Everyone belongs on this team. We respect all teammates."

05.

Set clear, consistent boundaries

State the standard and the consequence calmly: "If it happens again, you will sit out and we will talk with your parents."

06.

Model calm, respectful leadership

Your tone matters. Staying regulated shows players how to handle strong emotions and conflict appropriately.

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07.

Reinforce team values regularly

Proactively talk about respect, inclusion and teamwork at practices - not only when problems arise.

Involve league leadership when needed

08.

If behaviour is repeated or severe, document the incident and follow league policies. Do not manage ongoing issues alone.

09.

Communicate with parents thoughtfully

Frame conversations around learning and growth, not blame. Share expectations and next steps clearly.

Remember your Role!

10.

You are not there to, "fix" beliefs. Your role is to keep players safe and teach appropriate behaviour and skills.

Respect & Inclusion

Creating an inclusive culture takes time! A calm, consistent coach helps create a respectful team culture over time.



Lynn Valley Little
League
